



Autism Advisory & Support Service

The Autism Advisory and Support Service is a not for profit charity run by parents of children with Autism for children and adults with Autism and their families.

The Autism Advisory and Support Service (AASS) provides a range of services to support, advocate, help, educate and guide families who have a family member with Autism as well as the greater community. Currently operating on donations and grants, AASS have proudly accomplished the opening of an Autism Community House in Liverpool, a 24 Hour Autism Hotline, Support Groups, Social Groups, Parent Workshops and lots more. We understand firsthand, how difficult it can be navigating a diagnosis, services, education and social events for our beautiful children. When you contact AASS, you are speaking to a parent who understands and will never turn you down for support and information.

Ph: 9601 2844

Email: info@aass.org.au

Web: www.aass.org.au

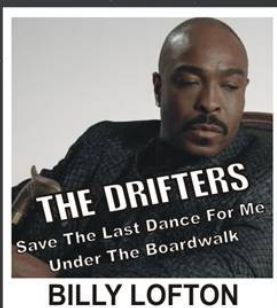


The Autism Advisory and Support Service

CONCERT FOR AUTISM 2015



Hits of the 60's, 70's & 80's
Performed by the Original Artists!



THE DRIFTERS

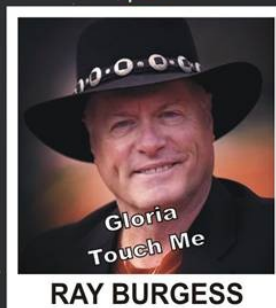
Save The Last Dance For Me
Under The Boardwalk

BILLY LOFTON



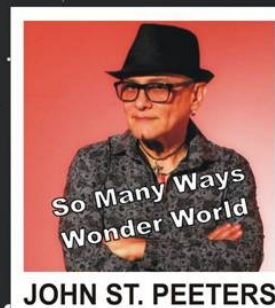
Mean Pair Of Jeans
Denim & Lace

MARTY RHONE



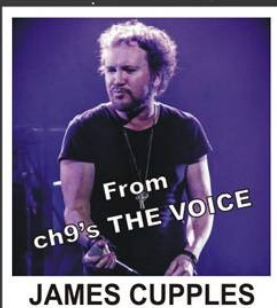
Gloria
Touch Me

RAY BURGESS



So Many Ways
Wonder World

JOHN ST. PEETERS



From
ch9's THE VOICE

JAMES CUPPLES

These Great Artists
are coming together
to help raise awareness
for Autism!



AASS SONG
In My World

TERESA VEE

Sun 1st November, 2015 @ 3pm

MOUNTIES 101 Meadows Road Mount Pritchard NSW

BOOK NOW! tel: **9601 2844**

or email info@aass.org.au

\$40pp



NSW Spectacles Program and eligibility requirements

What is the NSW Spectacles Program?

The NSW Spectacles Program (the Program) assists financially disadvantaged people in NSW by providing free spectacles and other optical appliances to improve their vision and avoid preventable decline in eye health.

The Program provides funding to participating optometrists and optical dispensers to supply spectacles and other optical appliances to eligible clients free of charge.

The Program is funded by the NSW government and administered by Vision Australia.

What does the Program provide?

If you meet the Program eligibility criteria you are entitled to, in any two-year period to receive:

- One pair of single vision spectacles; or
- One pair of bifocal spectacles.

If you have particular clinical conditions, you may be entitled to other items including contact lenses, tinted lenses or low vision aids.

These items are provided free of charge through the Program. You can choose to pay an additional fee for items that are not available through the Program (such as multifocal or progressive lenses and non-standard frames).

Who is eligible to access the Program?

The Program is available to those who meet all the following eligibility criteria:

Residency	Be an Australian resident living permanently in NSW
Assets	Have less than \$500 of total assets (if single) OR Have less than \$1,000 in total family assets (if in a couple or a single parent)
Income	Receive a full (non-reduced) Commonwealth pension, benefit or allowance <u>AND</u> I receive no additional income (other than Centrelink payments) OR Be a low income earner with net income no greater than the full Newstart allowance (if under retirement age) or the full aged pension (if over retirement age)
Other schemes	Not be eligible to receive free optical appliances under another program (eg Department of Veterans' Affairs)
Time period	Have not received spectacles or other optical appliances under the Program within the past two years. (Special conditions exist if there has been a significant change in prescription within two years)

Note that dependent children (aged under 18 years) are also eligible for the Program if their parent/guardian(s) meet the eligibility criteria.

How does the application process work?

Before applying for the Program, you must have recently had an eye examination and have a prescription that is not older than 3 months. Most providers participating in the Program are

optometrists who can conduct your eye examination. Vision Australia's website (www.visionaustralia.org/spectacles) lists all participating providers across NSW. The application is completed by your optometrist or optical dispenser. You will receive an instant assessment of your eligibility based on information you provide. If Vision Australia confirms that you are eligible, your optometrist or optical dispenser will order your spectacles or optical appliance and let you know when they are ready to collect.

What information do I need to provide to apply?

Personal information - To make an application to the Program your optometrist or optical dispenser will ask you to provide personal details including your name, address, date of birth, gender, marital status, Medicare number, Pension type and concession number.

Centrelink Income Statement - If you receive a Centrelink benefit, you must provide a Centrelink Income Statement that is no more than 3 months old. The Centrelink Income Statement provides details of your **income and assets**. A Centrelink Income Statement can be requested by visiting a Centrelink office, using your Centrelink online account or via telephone, call 136 240.

Low income earners - If you are a low income earner, you must provide a payslip to confirm your income and a bank statement to confirm your assets. Both of these documents must be no more than 3 months old.

Consent and declaration - At the time of application, your optometrist or optical dispenser will provide you with the terms and conditions for participating in the Program. This will explain privacy conditions for the protection of your personal information and any action Vision Australia or the NSW government may take to verify information provided in your application.

You will be asked to provide verbal consent to the terms and conditions of the Program and a declaration that the information you have provided is true and correct.

Where can I get further information?

For further information on the NSW Spectacles Program, visit the Vision Australia website www.visionaustralia.org/spectacles

Or contact Vision Australia on:

Phone: 1300 84 74 66

Email: info@visionaustralia.org

List of Providers in the Macarthur region for the **NSW Free Spectacles program:**
(current @ Sept 2013)

Business Name	Address	Suburb	State	Postcode	Telephone number
Allan Poulter Optometrist	5-6/ 186 Queen Street	Campbelltown	NSW	2560	02 46262969
Icontact Optometrists	Shop 28, Upper Level	Campbelltown Mall	Campbelltown NSW	2560	02 46279688
Rod Tracey's Eyecare Plus	21 Dumaresq Street	Campbelltown	NSW	2560	02 46283651
Iwise Campbelltown	254 Queen Street	Campbelltown	NSW	2560	02 46284534
Elegance Eyewear Boutique	Shop 2/ 192 Queen Street	Campbelltown	NSW	2560	02 46282111
The Optical Shop Campbelltown	Shop 12 171-179 Queen Street	Campbelltown	NSW	2560	02 46261335
Gerald C Sue	Suite 4 Glenquarie Town Centre	Brooks Street	Macquarie Fields	NSW 2564	02 96183923
I Design Optical Optometrist	Shop T74, 14 Brook Street	Macquarie Fields	NSW	2564	02 96059953
Visual Optical	1318 Cumberland Rd	Ingleburn	NSW	2565	02 96053589
Liam Trinh Optometrist	6/10 Ingleburn Road	Ingleburn	NSW	2565	02 96052900
I Design Optical Optometrist	Shop 52, 10 Brookfield Road	Minto	NSW	2566	02 87950974
Eyesense Optometrists	Shop 16, 11-13 Main Street	Mount Annan	NSW	2567	02 46482881
Rod Tracey's Eyecare Plus	90 Argyle Street	Camden	NSW	2570	02 46552944
Medispecs Optical	158 Argyle St	Camden	NSW	2570	02 46556965
Wink Optical	93 Argyle Street	Camden	NSW	2570	02 46558892
Medispecs Picton	Shop 3, 150-158 Argyle St	Picton	NSW	2571	02 46772348



Camden
Community
Connections



WILMA
WOMEN'S
HEALTH
CENTRE

Carers Week Aromatherapy

10am - 12pm

Tuesday 13th October

Iron Bark Room - Upstairs in Narellan Library

- followed by lunch -

Bookings Contact Camden Community Connections

Phone. 4647 1283



Free seminar Being a GREAT DAD!

Invites fathers, male carers and grandfathers to this seminar for those with children aged up to 12.

presented by

Bruce Chan

Family Relationship Education and Skills Trainer/ Counsellor
BCS LifeCare Counselling and Family Services

Being a dad is rewarding and challenging. This program explores the important role that dads play in the parenting process.

Topics include

- **The important contribution that dads bring to the family**
- **Getting to know your children**
- **How to ensure there is a balance of quality time spent with children, work and your own needs.**
- **How supported do you feel in your community**

Thursday 29 October 2015

6.30 – 8.30pm

**Edensor Room
St Johns Park Bowling Club
93 Edensor Road
St Johns Park**

Child minding is not available for this seminar. Children are not permitted to attend.

Bookings are essential, phone 0407 708 626 as places are limited.

*Families Together is for families living in the local government areas of Fairfield, Liverpool and Bankstown.
Children's services workers, teachers, family support workers and other professionals will not be given a place.*

Please note: if you do not wish to receive these fliers or would like to have them emailed to you please contact the number above.

Families Together is funded by the Department of Education and sponsored by Fairfield City Council.

Anyone, anytime can become a carer

Liverpool Hospital



Celebrating Carers Week

Wednesday 14 October 2014

Liverpool Hospital invites carers to enjoy activities
and obtain free information

Information Stalls

10.00am—2.00pm

Main Concourse Liverpool Hospital

Centrelink

Anglicare

Catholic Care

Hammond Care

Northcott

Autism Advisory & Support Service

YADA

Community living Unit

Plus a variety of health care services

Carers Café

Pop into the Carers Café located in the café behind
Reception Desk



COULD YOUR KIDS DO GO4FUN?

- ✓ FREE PROGRAM FOR KIDS AGED 7-13 ABOVE A HEALTHY WEIGHT
- ✓ FAMILIES LEARN HEALTHY EATING AND EXERCISE WITH FUN GAMES
- ✓ BUILDS CONFIDENCE AND SELF-ESTEEM
- ✓ AFTER SCHOOL DURING TERM IN AN ENCOURAGING ENVIRONMENT



GO4FUN TERM 4 2015: SOUTH WEST SYDNEY

LIVERPOOL

Liverpool West Public School
MON 4.30pm - 6.30pm

EAGLE VALE

Eagle Vale Central Fitness and Aquatic Centre
TUES 5.00pm - 7.00pm

BANKSTOWN

Bankstown PCYC
WED 4.30pm - 6.30pm

FAIRFIELD

Fairfield Leisure Centre
THURS 4.00pm - 6.00pm

MOSS VALE

Moss Vale Aquatic Centre
MON 4.00pm - 6.00pm

TAHMOOR

Tahmoor Public School
TUES 4.00pm - 6.00pm

MACQUARIE FIELDS

Macquarie Fields Leisure Centre
THURS 4.30pm - 6.30pm

MOUNT ANNAN (CAMDEN)

Mount Annan Leisure Centre
SAT 1.00pm - 3.00pm

1800 780 900

www.go4fun.com.au

Are you 18 – 25 years old?
Want to meet people and have fun?

*Want to build friendships, connections in your community
& be supported to get NDIS ready?*

COME AND HANG @THE HOUSE!



TERM 4 2015

**Every Monday
4 – 6.30 pm**



KATOOMA YOUTH CENTRE
31 WARATAH STREET, KATOOMBA

Reach for sky!

Build friendships, build confidence, build your community connections

RSVP

Daniel 4782 9371 or email daniel.sepetauc@kirinari.com.au

Sue 0447 014142 or email susan@myst.com.au

Inclusive Education Opening up university life

1 day Forum 18 November 2015

9.00am - 5.00pm

The Inclusive Education Program is a pioneering two-year scheme run by the Centre for Disability Studies for people with intellectual disabilities who want to explore tertiary education at the University of Sydney. The program is modelled on fully inclusive initiatives in Canada and the US. There are currently only two programs of this kind in Australia.

At "Inclusive Education: Opening up university life" a range of speakers will share information and stimulate discussion to positively influence inclusive tertiary education in Australia.

This event is open to people from a broad range of backgrounds who are interested in learning more about inclusive tertiary education for people with intellectual disability.

DATE:

18 November 2015

TIME:

9:00am - 5.00pm

VENUE:

Level 3, Sydney Nursing School,
The University of Sydney
88 Mallett Street, Camperdown. NSW 2050

COST:

(GST inclusive)

\$180 general admission
\$100 full-time students
\$50 people with disability/unwaged personnel

REGISTER:

[register here](#)

For enquiries please contact:

Friederike Gadow on 02 9036 3611
e: friederike.gadow@sydney.edu.au or

Vera Laptev on 9036 3610 e: vera.laptev@sydney.edu.au

A joint initiative of CDS and NDCO





Dear Parent/Caregiver,

Your child has been offered an opportunity to attend this year's Special Children's Christmas Party

The party is for children only with Special Needs, where they can enjoy just being a 'kid' again, there will be lots of rides, face painting a 3 hour stage show, yummy food and of course, Santa and presents!

This year's party is being held at Rosehill Gardens Racecourse on Wednesday 2nd December 2015, starting at 10.30am and finishing at 2:30pm.

If you are interested in your child attending this year's Party, please send this form back to your school or organisation that informed you about the Party. Your School or Organisation will then get in touch with the organisers of the Christmas Party to register your interest and perhaps you might be lucky to receive an invitation!

Remember, this is only a request for an invitation, not a guarantee that you will receive one. Each year, we have over 5,000 requests for children to attend and it's not possible to accommodate that many children with Special Needs.

This form needs to be back to your school or organisation before Thursday 15th October.

☐

Yes, I would like to register to my interest for my child to attend.

Child's Name:

Age:..... (must be under 12 years)

Gender: M / F

Self Care Matters

Are you a mum of a child, young person or adult with a disability?
Do you always put your needs behind those of others in the family?
Do you find it difficult to balance the roles of partner, mother and carer?
Do you feel helpless, lost, exhausted?

If you answered yes to any of these questions then join us
for a workshop to help you build resilience and find balance in life

Date: October 17th 2015

Time: 9:30am - 4:00pm

Lunch and morning tea included

Cost: FREE

Venue: Sovereign room, Castle Hill RSL

Registration: Karyn@woodbury.org.au

Registration for this event is required by **October 9th 2015** and limited to 50 participants only

The workshop aims to help you:

- ◆ Build resilience in the face of challenging circumstances
- ◆ To identify the importance of self-care and how to incorporate it into daily life
- ◆ Incorporate relaxation into practice by providing an experience of deep relaxation
- ◆ Recognise the symptoms of stress and what helps
- ◆ Manage emotions and recognise burnout and what can help

The day will be facilitated by Aurora Hammond. Aurora has been a social worker, psychotherapist, group facilitator and trainer for over 30 years and has personal experience caring for a person with a disability.

Woodbury wishes to thank Castle Hill RSL and Baulkham Hills Sports Club for their generous support for this event through the Club grants program

All participants will receive a carers pack full of goodies



WOODBURY
NATION 2004-2010 4 AND 21 RESERVE

